

# LifeTINIES magazine

### Inside LifeTIMES...

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A new era in religion Colors of the season



#### ADULT LIFE 4-10

Going green, saving green VBS Jamaican style 363 other days Older Wiser Lutherans Vacation with a purpose GHAP Project in Cameroon



GIVING LIFE 1, 11-12
Sunrise of hope

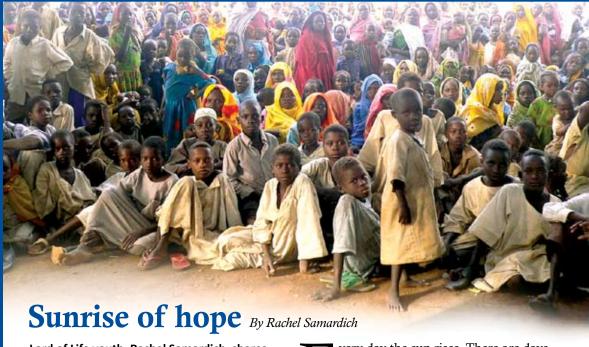


#### **CYF LIFE 13-19**

The Lutherans are coming! Vacation Bible School Graduation recognition

### CONNECTING LIFE 20

Congratulations! Caught reading LifeTIMES



Lord of Life youth, Rachel Samardich, shares how God inspired her and her friends to coordinate the First Annual Maple Grove

Walk/Run for Darfur event held Saturday, May 30. Two hundred eighteen walkers/runners raised over \$7,010 to benefit people they will likely never meet face-to-face. every day the sun rises. There are days when some of us see thunderstorms on the horizon, while others only see the clearest skies for as long as the eye can

see. For most of us though, the skies occasionally have storms, but for the most part are clear with scattered clouds.

For the Darfur refugees, the sunrise has almost entirely disappeared from sight. Their hearts are filled

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### spirit life

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### **Bible Readings for July**

#### July 5

Fifth week of Pentecost: II Cor. 12:2-10; Ps. 123; Mark 6:1-13

### July 12

Sixth week of Pentecost: Eph. 1:3-14; Ps. 85:8-13; Mark 6:14-29

#### July 19

Seventh week of Pentecost: Eph. 2:11-22; Ps. 23; Mark 6:30-34, 53-56

#### July 26

Eighth week of Pentecost: Eph. 3:14-21; Ps. 145:10-18; John 6:1-21 Lord of Life mission statement Gather Joyfully, Grow Spiritually, Go Faithfully so that all may have LIFE and have it abundantly in Jesus Christ.

### **Summer Worship**

Through August
Saturdays at 5:30 PM
with Holy Communion

Sundays at 8:30, 9:45 and 11 AM with Holy Communion the first and third Sundays of each month, Summer Church School during all three services

Mondays at 7 PM with Holy Communion

#### **July 5-6**

Preaching: Pastor David Special Music Saturday: No Worship July 4 Sunday: Jennifer Parker Monday: Jennifer Parker

#### July 11-13

Preaching: Pastor Todd Special Music Saturday: Praise Team Sunday: Abby Gormley Monday: Lee Fuchs

#### July 18-20

Preaching: Pastor Phil Special Music
Saturday: Praise Team
Sunday: Marcia Hill
Monday: Phil Dell

#### July 27-29

Preaching: Pastor David Special Music
Saturday: Praise Team
Sunday: Warren Weise
Monday: To be announced

### **Service of Healing**

Saturday, July 18, 7 PM Everyone who senses a need for God's healing for others and themselves, may receive a word of blessing and prayer.

### A new era in religion



Pastor Peter

The religious world, as we know it, is coming to an end. It used to be that when a family moved into a community they would

join the church of the denomination they grew up in. If they were Catholic they joined the Catholic church. If they were Lutheran they joined the Lutheran church and so on.

Twenty years ago denominations became less important. People moved into a community and went church shopping. They'd look for a good youth program, a particular music style, (or for a pastor who wears black socks). Then they joined a church that

best met their needs regardless of the denomination.

Today we are seeing yet another shift in the religious landscape. In recent articles and national studies, it was announced that the unaffiliated (those claiming to have no religion) are on the rise. In March the *American Religious Identification Survey* reported a large increase in this group they called "the nones." The percentage of people with no religious preference went up in every state.

In April, the *Pew Forum on Religion & Public Life* reported that the fourth largest religious demographic in America are those who identify with being "nothing in particular." They account for over 16% of the population and are the fastest growing of any group.

These results indicate that a growing number of people are opting out of church membership. Which is not the same as opting out of belief in God. In the U.S. a high percentage of people still believe in God, but many of them evoke that contemporary cultural mantra of being "spiritual but not religious." They take parts of religious practice and leave the rest behind.

So what does this new era in religion mean for Lord of Life? I think we need to recognize that many people who visit our church will come with a different mindset. They may question why we do certain things and have suggestions for doing church better. While we need to be open to suggestions, we don't need to give in to every new idea or fad. The Christian church has done well for over 2,000 years. Tradition and doctrine are not the enemy. In changing times it is important to remain steadfast to our core beliefs of a gracious God known most intimately in Jesus Christ.

While we experience this new era in religion, let's not close our eyes to a changing culture, but let's remember our core beliefs and the grace of our God known through Jesus Christ who is the same yesterday, today and forever.

"The Lord is gracious and merciful, slow to anger and abounding in steadfast love."

—Psalm 145:8

Peace, Pastor Peter



### **May Weddings**

5/9 Kristine Thompson and Christopher Fairchild 5/9 Sara Bondhus and Luke Naegle 5/16 Tristan Schumer and Mitchell Helleen 5/22 Ashley Kurr and Vincent Brooks

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### **May Baptisms**

5/3 Holly Joleen Barnes 5/3 Lucy Katherine Pennings 5/9 Michael John Morgan, Jr. 5/9 Samantha Anne Morgan

5/10 Peyton Grace Downs-Sibben

5/10 Treyton Randy Roger Emerson

5/10 Mason Dillon Krueger

5/16 Jackson Vaughn Fellows

5/16 Nolan Mark Hansen

5/16 Jonathan Clark Hjelmstad

5/17 Jacob Michael Bohn

5/17 Sydney Marie Kerkman

5/17 Melaina Kim Sophaphanh

5/23 Avery Ann Duenwald

5/24 Lillian Marie Cheney

5/24 Tyler William Johnson

5/24 Henry Cooley Olson

5/30 Brittany Lee Barnum

5/30 Hailey Anne Barnum

5/30 Sabrina Marie Barnum

5/31 Abigail Rose Hood

5/31 Adam Langdon Margenau

At Lord of Life, we baptize individuals at any age.

Next Baptism Class Saturday, July 11, 10-11 AM

### **Sympathy**

Prayers of sympathy for those who are grieving the loss of a loved one:

Chris Ahlman, father
Kathy Begin, grandmother
Scott Bernu, daughter
Milt and Irene Bernu,
granddaughter
John Cowan, father
Lorry Day, father
Gene Koopman, mother
Derek Nash, grandmother
Karen Osterhaus, daughter

### Colors of the season

t the end of May, we celebrated the feast of Pentecost, the birthday of the Church, the time when the apostles received the gift of the Holy Spirit. We learned that the Holy Spirit is always with us, filling us with God's love and guiding us in all that we do. The color used in the church at this time is red, the color of the Holy Spirit.

Now we are in the "season after Pentecost." The time after Pentecost begins with Holy Trinity. We acknowledge and celebrate the triune God – Father, Son, and Holy Spirit. White is the color for this day, indicating the light of Christ. Then starts the long season following Holy Trinity and lasting until Advent. Some churches call this "ordinary time," not meaning mundane, but ordinal or counted time, as in "the seventh week after Pentecost."

In the church, green reminds us that just as there is natural growth, there is spiritual growth in our lives, as well. While our lawns and gardens grow and "green up," we are growing spiritually as we send our roots down deep into the soil of God's love. We all know that our gardens and lawns won't do well on their own. We have to plant and tend, weed and water, mow and trim.

Our spiritual life requires attention in order to flourish, as well. How do we do that, especially in summer, when we're so busy "relaxing?" The best way is to attend worship!

### Here are my top ten reasons why you should attend worship every week in the summer:

- 1. There is plenty of free parking.
- 2. There is plenty of seating.
- 3. It's relaxed.
- 4. It's cool in the sanctuary.
- 5. Your children can go to church school on Sunday at anytime without registering, even at 9:45 AM.
- 6. If you are away on the weekend, you can attend Monday evening worship.
- 7. On Monday evenings there is ice cream after the service.
- 8. You can hear guest musicians from around the region.
- 9. You can look out the windows at God's glorious creation while worshiping.
- 10. God is there for you all year long pay him a visit!

Blessings – see you in church! Alice Cummings, Associate in Ministry Director of Worship

#### contact us

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#### Lee Fuchs

Director of Bel Canto and Canticle Choir 612-554-8935

#### **Dana Brinton**

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### Did you know?

If you have access to the Internet, you can take Lord of Life with you. Sermons are available at www.lordoflife. org/sermons. Podcasts are available on iTunes.

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### contact us

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### **New Members**

Sally Hagen

Chris Kasprzyk and Cherie Poissant with Brenden and Drew

Jim and Virginia Larson

Joe and Megan Matack with Emma

Jeremy and Jenni Shepard

Erik Willis and Connie Wilder with Kiera and Connor

Find out more about becoming a member at Lord of Life on Saturday, July 11, 11 AM or Tuesday, July 14 at 6:30 PM. Contact Nancy Bourbonais at 763-420-5015, ext. 126 or nancyb@lordoflife.org.



Some of the many Lord of Life participants from last year's Relay for Life event.

### One day. One night. One community.

elay for Life is about celebration, remembrance, and hope. This fun-filled, all-night event is where families pitch a tent and camp out. The festive atmosphere is filled with music, food, and activities, and since cancer does not sleep, participants walk the night away as a symbol to the people they love.

Last year over 230 people from Lord of Life joined others in the community to take a step closer to reaching a cure for cancer with the American Cancer Society's Relay for Life.

Lord of Life will once again participate in the Relay for Life held Friday, Aug. 7 at Osseo Sr. High football field. This event begins at 7 PM and ends at 7 AM Saturday, Aug. 8.

Come show your support. If your life has been touched by cancer (and not many of us can say it hasn't) there's a place for you.

Money raised through Relay for Life supports the American Cancer Society and its mission of eliminating cancer.

There is still time for you to join or form a team and participate in the Relay for Life. Come and watch the lighting of the luminaria bags and cheer on the walkers. If you are a cancer survivor, you're invited to walk the victory lap! Plus, prayer ministers will be available to offer prayer and give prayer shawls.

You don't have to be an athlete to join the fun. Families and people of all ages are encouraged to participate, even children in strollers. Walk as much or as little as you choose.

Contact Michelle Welinski at michellew@lordoflife.org or 763-420-5015, ext. 118.





Thank you to Eagle Scout Brett Lane! For his Eagle Scout project, he built a new box for C.R.O.S.S. donations at Lord of Life and remodeled the old box. Both carts may be strolled to vehicles for unloading. Brett also completed a dolly in the upstairs workroom for all of the easels.

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### Synergy and generosity reap gratefulness

by Leesa Avila, Stephanie Perron, and Linda Zwick, 2009 Lord of Life Garage Sale co-chairs

he Third Annual Lord of Life Garage Sale held Saturday, May 2, was a great success—nearly doubling proceeds from last year! The success was due in large part to Lord of Life volunteers, donations and the synergy of ministries working together.

This year the ministries pooled the donations and worked as one joint effort instead of hosting separate tables. Items were organized into departments like housewares, clothing, books, toys, furniture and sporting goods to make for easier shopping.

Representatives from seven ministries volunteered: 363 Hunger Ministry, Abundant Life, FreedomWorks, Hope 4 Kids, Mission Jamaica, Sole Care for Souls, and Word for Women. Collectively the sale generated \$3,205.65 and provided each participating ministry with \$457.95.

The proceeds earned by Abundant Life will go towards hosting the 2nd Annual *A Gathering of Hope* on Saturday, Oct. 3. Word for Women

donated their proceeds to help children within the congregation attend Bible Camp.

Yes, there will be a 4th Annual Lord of Life Garage Sale next year! All ministries are welcome to participate. It's not too early to set old treasures aside for the sale, and home businesses are invited to join us, too.

A big THANK YOU to all our volunteers who showed us how to be the hands and feet of Jesus!

### **Bone Marrow Drive**

By Ann Marie Leonard

It was hard to predict what kind of turnout a bone marrow drive would bring. A director from the National Marrow Donor Program said that the average drive yields 37 people. *Lord of Life drew 87 donors in its first bone marrow drive!* Thank you to everyone who participated. Many prayers have been answered as a result!

### New! DivorceCare comes to Lord of Life

If you're going through a separation or divorce, there may not be many people around you who understand the pain of what you're going through. That's why Lord of Life has decided to sponsor DivorceCare. It's a special weekly support group and seminar conducted by people who understand the depths of what you are experiencing. Most importantly, you'll learn how to deal with the pain and move forward in rebuilding your life.

DivorceCare is a 13-week video series that features Christian experts who address divorce and recovery topics as seen from a non-denominational, biblical perspective. The video presentations lead into a time of support group discussion and sharing.

### What others have said about DivorceCare:

"If this wasn't available, I'd still be home crying."

"The most informative and healing class I've ever attended."

"I cried. I laughed. I made new friends. I came closer to God."

DivorceCare begins Thursday, July 2, from 6:45-8:30 PM. Cost: \$12/workbook. Participants may come at 6 PM for a light supper and worship experience in conjunction with Abundant Life and GriefShare. To register, contact Pastor David at 763-420-5015 or davidl@lordoflife.org.

### **Abundant Life**

This Christ-based community offers acceptance, hope and tools to anyone who hurts. Specialized groups meet on a variety of matters such as grief support, codependency, substance abuse, and more. Experience healing from hurts, habits and hangups and wholeness through the grace and peace that comes through having a relationship with Jesus Christ. All are welcome and no registration is required. The evening begins with a meal followed by small group ministry on Thursdays, 6-9 PM.

### Alpha

Why should I read the Bible? Who is the Holy Spirit? Does God heal today? Explore the Christian faith over a light dinner, short teaching and small group discussion. Childcare available. Begins Sunday, Sept. 20 at 5:30-8 PM. Register online: www.lordoflife.org/alpha.

### C.R.O.S.S.

Foodshelf visits are up and continue to rise at record levels. Lord of Life provides a donation box in Fellowship Hall for food, clothing, and household items that are given to people in need within our community.

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### **Donation Central**

Find out what items are currently being collected for each ministry, as well as learn about specific donation needs. Visit: lordoflife.org/donationcentral.

### **Emergency Food Network (EFN)**

Join the fun by serving at EFN, Monday, July 13 from 4-7 PM. EFN is located at 8501 54th Ave N in New Hope. Sign up for a time that is convenient for you. This is a great way for C<sup>3</sup> students to earn service hours. Contact Michelle Welinski at michellew@lordoflife.org or 763-420-5015, ext. 118.

### Fare for All

A program of Emergency Foodshelf Network (EFN) Are you looking for a way to stretch your food dollar? Fare for All is like a coop and is open to anyone, regardless of income. The more people who purchase, the more Fare for All can purchase at greater savings and then pass those savings on to you! Fresh, frozen or packaged food is purchased from large food suppliers. Cash, credit, debit and EBT are accepted.

Visit the Fare for All site at EFN in New Hope, Mondays between 9:30 AM-7 PM. Visit www.FareforAll. org or call 763-450-3880.





Five of the six rookies who joined the 31st annual men's retreat at Luther Park.

### 31st Annual Men's Retreat by Merle Waldron

very year on the same weekend (the weekend before Memorial Day) the men of Lord of Life experience life together and with God. The 31st Annual Men's Retreat drew old and new faces. There were six rookies this year who experienced volunteering, camp food (Newman brother style), small group studies, laughter, golf (Minnesota style), fishing, and relaxing in the north woods.

Golf was the topic of conversation this year. When we teed off at 8 AM on Saturday, it was 37 degrees, and by the 4th hole, it was snowing! (It's a man's thing to think that was fun.)

Just how many more steaks will the Newman brothers be grilling next year?



Mark your calendars for May 21-23, 2010, because the 32nd Annual Men's Retreat is already in the works.

### **Habitat for Humanity**

This year, the Twin Cities Habitat for Humanity will serve more than nine hundred low-income families by creating and preserving homeownership.

Lord of Life has been involved with Habitat for Humanity for over 15 years. We have helped build homes in Maple Grove, Minnetonka, Anoka, New Hope and Columbia Heights.

This year, our build site is located at 14852 Olivine St. NW in Ramsey. Work crews, team captains, material donations and food service volunteers are needed July 27-31, Aug. 3-7, Aug. 10-14. Contact Steve Monson at 763-420-8773.

### Going green and saving green

### Waste-free lunches

by Kristi Kowal

In our mission of waste reduction and awareness, the Creation Care Team has discovered a few things to help keep our planet greener this summer at camp. According to Lord of Life custodial staff, the waste generated during summer camps is much higher in volume than any other event.

Instead of plastic bags, prepackaged snack foods and individual serving sizes, plastic eating utensils, and paper napkins, why not pack a waste-free lunch? Pack a lunch in a reusable lunch box with a washable cloth napkin and stainless-steel forks and spoons. Purchase food in larger quantities to minimize waste. Waste-free lunches are not only a wise environmental choice, you'll save some money as well.

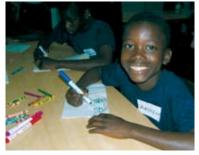
Source: www.wastefreelunches.org

### Seven ways to save money while going green By Kevin Klitz

- 1. Carpool or ride your bike to work once a week and you'll save \$215/year.
- 2. Use a programmable thermostat and save \$150/year.
- 3. Save \$45 per fluorescent bulb vs.each incandescent bulb.
- 4. Travel 60 mph vs. 75 mph on the highway and save \$300 a year.
- 5. Turn off your TV...it is 10% of your home energy use.
- 6. A car with 5 mpg increase over your current vehicle will save \$300/year.
- 7. A home energy audit can save as much as 30% of your energy bill!

Source: Go Green, Live Rich ©2008

Help protect God's creation! Creation Care Team meets monthly. Our next meeting is Tuesday, July 21, 7-8 PM. Contact Blake Toms at blake.toms@regiscorp.com.







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### VBS Jamaican style by Carly Schiebel

This year while in Jamaica, missionaries had the opportunity to serve at Clifton Boys Home in Darliston, Westmoreland, Jamaica. Clifton provides residence to 30 boys ranging in age from 6-17 years old.

Clifton Boys Home was added this year as one of Lord of Life's Jamaican partners that we support through Feed My Starving Children, Summer School teacher support, the Guardian Angel education program, VBS, and maintenance projects during the Spring Mission Jamaica season.

When we arrived at Clifton that morning, we toured the home and school. While we were there, maintenance workers installed an industrial can opener in the kitchen. What made this so memorable was the response of one of the kitchen staff members who burst into tears. This can opener meant the world to her, because she used to pry open large cans with a knife!

Once we were acclimated, we split into groups. Some missionaries worked on the library roof while others painted. The remaining group gathered on the front porch with the boys and led Vacation Bible School.

On the second day we were there, I led the VBS group. The experience was AMAZING! All of the boys gathered to worship and sing. It was a beautiful sight to see all of us praising the Lord together! During the Bible study, we talked about rainbows and God's covenant to us. Then we split into small groups for activities. The groups rotated from activity to activity with the leaders.

One of our activities centered around Easter. Watching the boys learn about Jesus' death and resurrection and what that means for us was an experience I will never forget. It was both a learning and teaching opportunity as the missionaries and group leaders got to know the boys.

After Vacation Bible School some of the boys taught us how to play cricket, while others simply got the time and attention they yearned for.

Clifton Boys Home was a new experience for many of us. I look forward to returning next spring to serve the boys of Clifton.

For ways to support the boys of Clifton, contact Rhonda Hofer at luv2jp@msn.com.

Carly Schiebel, Louise Amann and some of the boys during VBS small group.

### Maple Grove Days Snack Shack

Mission Jamaica
Missionaries are having
a family-value-priced
Snack Shack at MG
Days on Saturday, July
11. They'll be selling
their famous funnel
cakes, pretzels, nachos,
caramel apple bowls,
pop, water and more.
Stop by for a great cause
and save some money
to boot!

### **Inspired Images**

"I have all the cards that you have sent on my desk as a daily reminder of God's love and that others are praying for me." Inspired Images is a stamping and scrapbooking ministry that meets twice a month for fellowship and to serve others. All ages and experience levels are welcome! Childcare is available. Contact Lisa Gedker at lgedker@comcast. net or Lynn Anderson at lynnmarieanderson@ hotmail.com.

### Men's Bible Study

Meets for breakfast and Bible study on Tuesdays and Fridays from 6:30–8 AM. For location, contact Dan Book at 763-557-6756 or Pastor Todd at 763-420-5015, ext. 109.

### **Military Families**

Supports military members and their families, especially those with Lord of Life ties. Monday, July 27, 6:30-8 PM Bring a snack to share. Contact John or Lucy Rodvik at 763-494-0798.

### Prayer Shawl Ministry

If you are interested in becoming a prayer shawl maker, contact Barb Hoeker, rbhoeker@hotmail.com or Karen Nelson at karenn@lordoflife.org to request a prayer shawl.

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### O.A.S.I.S.

Organized Adult Singles Interacting Spiritually. Service and social events are planned throughout the month.

Sharing and Caring Hands Saturday, July 11, 8 AMnoon. Contact Joanne Hynes at jhynes22@gmail.com.

#### Church 'n' Chow

Saturday, July 18, 5:30-9 PM. Meet for worship and enjoy dinner and fellowship afterward. Contact Beverly Hamm at 952-936-0311.

### **Sharing and Caring Hands**

Join Lord of Life members by preparing and serving breakfast for up to 500 people in need. Breakfast includes pancakes, sausages, fresh fruit, pastries, milk and juice.

### Next serving opportunity:

Saturday, July 11, 8–11 AM. Sign up by contacting Aldo Walker at 612-802-6896.

### 20/30 Vision

People ages 20-39 who want to build friendships, develop a more personal relationship with Jesus, and learn more about the Word of God are welcome!

**St. Paul Saints Game** Saturday, July 27, 6-9 PM

### The 363 other days of the year

ach year, many organizations provide
Thanksgiving and Christmas dinners
to those less fortunate. Allan Law,

a retired Minneapolis school teacher, wondered what these people eat the other 363 days of the year?

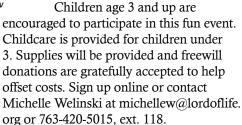
This question inspired the 363 Hunger Ministry. Mr. Law established the ministry during the summer of 2007. His mission was to feed 150-plus homeless men, women, and children in our community EVERY day of the year.

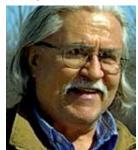
Mr. Law began by going to local gas stations and convenience stores to collect food items before they were discarded. A former student asked Mr. Law what he was doing and how he could help. That's how 363 was established.

Making sandwiches to feed hundreds of people is easier than you think. Six people can prepare enough sandwiches to feed 150 homeless

people in about 30 minutes.

Lord of Life supports the 363 Hunger Ministry. You, your friends and family can help make sandwiches on Tuesday, July 21 at 6:30 PM in Fellowship Hall. The goal is to make 1,750 sandwiches that will be distributed by Mr. Law to homeless men, women and children.





Allan Law

### Opportunities to Serve

### Be a Buddy

Buddies are needed for Summer Church School, VBS and other summer programs here at church. Contact LeahAnn Paulsrud at 763-420-5015, ext. 143 or leahannp@lordoflife.org.

### **Inspired Images**

Work on stamping projects for various Lord of Life ministries, like creating cards to accompany Prayer Shawls. Contact Lisa Gedker at lgedker@comcast.net.

### Kitchen Help

Help prepare, serve and clean up a simple meal for Abundant Life on Thursdays July 16, 30, and Aug 6 or 20 from 4:30-7:15 PM. Kitchen staff will be on hand to help. Contact Michelle Welinski at michellew@lordoflife.org or 763-420-5015, ext. 118.

### **Food or Housing**

Adult volunteers needed to provide food or housing for Luther Park Camp staff during each week of Vacation Bible School. Visit www. lordoflife.org/summer.

### Mother's Day Breakfast

A huge success and a huge thank you to everyone who attended the Mother's Day Breakfast! Thanks to you, injured soldiers will be ministered to through the Military Families Ministry; three students will receive scholarships through Hope 4 Kids International/ Mission Uganda; and 50-plus textbooks will be purchased and delivered in Aug. by Team Tanzania. Visit www.lordoflife.org for more details about these ministries and ways you can still donate.





After applying mailing labels to "LifeTIMES," the OWLs sat down for a good read.

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### OWLs Faith, Food, Fellowship

### A gift of church music by Joan Holmes

On May 7, OWLs Faith, Food and Fellowship began with one of Sandy Draisey's challenging word games. Then while enjoying a delicious dessert made by Carol Handberg, we listened to an interesting talk given by Lord of Life Music Director David Frank. He blended his passion for music and history and talked about church music styles, history, and Martin Luther's contributions. He also inspired us with his musical talents playing *What a Friend We Have In Jesus*. It was an enlightening glimpse into the various phases of church music. Our only longing was to hear more of David at the piano before time ran out.

### Twins game excitement by Cynthia Moore

On May 28, an enthusiastic group of OWLs went to see the Twins play the Boston Red Sox at the Metrodome. Despite our support and that of other fans, including many students, the Twins lost the game. In the 7th inning, the Twins catcher and manager were ejected, and when play resumed after the 7th inning stretch, the Red Sox catcher and manager were soon ejected! We could hardly believe what we were seeing. At a baseball game, we expect "yer out" to be addressed at batters, not catchers and managers!

Thanks to Wendell Lotthammer who smoothly drove the bus through heavy pedestrian and vehicle traffic and to Nancy Lotthammer for having our game and hot dog tickets ready; we didn't miss a beat!

We had a good day with good company, and the excitement of experiencing a live baseball game was special.



#### **OWLs Social Events**

#### Gammelgarden Museum

Thursday, July 23
Gammelgarden is Swedish for "Old Farm." This open-air museum consisting of five historic buildings is devoted to Swedish immigration heritage and history. Bus leaves at 10:30 AM and returns at 4 PM. Cost: \$20 includes a Scandinavian smorgasbord and a guided tour through the Gammelgarden Museum. Sign up on the bulletin board by July 13.

#### **Mystery Trip**

Outside the Twin Cities
Only the SHADOW knows
where we're going and what
we're doing, but you will
have a great time Thursday,
Aug. 20! Cost: \$30. Bus
leaves 8:30 AM and returns
at 6 PM.

### Owatonna, Minnesota

Thursday, Sept. 17. A two-hour tour at the Minnesota State Orphanage Museum and New Cottage. A person who lived in the orphanage

will share their unique perspective of the facility and its history. Lunch at Torey's. Bus leaves at 8:30 AM and returns at 5 PM. Cost: \$24 (includes tour and lunch).

#### Collegeville, Minnesota

Thursday, Oct. 15.
Tour St. John's University followed by lunch, a tour of the St. John's Bible exhibit, and the Collegeville Orchards in St. Joseph—a great place to buy apples. Bus leaves at 9 AM and returns at 4 PM. Cost: \$17 (includes lunch).

### OWLs Faith, Food, and Fellowship

Feed My Starving Children

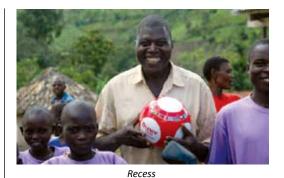


Pack nutritious meals for hungry children around

the world on Thursday, Aug. 13. Leave church at 9 AM and return after lunch. Serve from 9:30-11:30 AM. Cost: \$3 covers transportation (lunch extra). Sign up on the church bulletin board.

www.lordoflife.org

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Classroom

### Via de Cristo

These three-day spiritual retreats are designed to strengthen your faith in Jesus Christ and bring you to a greater awareness of living in God's grace.

#### **Upcoming retreats:**

Men Women Aug. 20-23 Aug. 27-30 Oct.15-18 Oct. 22-25

Contact Tony and Diane Siolander at 763-494-3433 or Merle and Michelle Waldron at 763-420-5388.

### Women's Cancer Support Group

If you have cancer or are a cancer survivor, come to the Women's Cancer Support Group, Meets Tuesday, July 7 at 7 PM at Starbucks in Maple Grove. New members always welcome. Contact Pastor Karen at karengl@ lordoflife.org.

### Vacation with a purpose by Kent Dirks

ur trip to Uganda July 7-21 will certainly be another great "vacation with a purpose." We plan to deliver donated school supplies to the Vision Nursery School which Lord of Life helped to construct in the village of Juba. It will be a great privilege to carry everything that you've donated and present it to these children who are so grateful for your support. Our team, composed of members from all over the United States, will be in Uganda for nearly ten days. We'll keep you informed of our progress.

Visit www.lordoflife.org/missionuganda.



### **GHAP Project in Cameroon**

Global Health Administration Partners (GHAP) is a ministry begun by Cindy Wilke of Lord of Life to enhance administrative capacity with partnering mission hospitals and health systems. GHAP began operations in 2008 with two pilot projects, testing the concept that teams of short-term experienced health administration volunteers could make

a positive difference in developing nations. The program reinforces the Global Health Ministries mission of enhancing health care programs of Lutheran churches in developing countries.

One pilot is being conducted in the country of Cameroon with the Evangelical Lutheran Church of Cameroon's health system (OSEELC). Much has been accomplished in the partnership between OSEELC and GHAP. Based on assistance from GHAP, the Church Board approved by-laws launching a new Health System Governing Board. A financial infrastructure project begun in October 2008 has helped manage cash flow so that all staff are now being paid by the 5th of every month; January and February

showed a positive cash flow; and a new payroll system has been implemented to maintain the records of all staff. While these items are standard practice in United States hospitals, they are issues shared by many mission hospitals. For more information about GHAP, contact Cindy at cindy. ghap@yahoo.com.



Nesa Joseph and Micheline Bayiha outside of the Emergency Department at Ngaoundere Hospital.

### Word for Women

#### Salad Luncheon

New date! Wednesday, July 22 from 11 AM-12:30 PM. Invite a friend and bring your favorite salad and recipe. For childcare, contact Michelle at michellew@lordoflife. org or 763-420-5015, ext.118 (Note: food will not be provided in the nursery).

#### **Bible Study**

Begins Wednesday, Sept. 16. Contact Karen Nelson at karenn@lordoflife.org or 763-420-5015, ext. 138 or visit www.lordoflife.org/wordforwomen.



Maple Grove Run/Walk for Darfur organizers (pictured left to right): High school students Rachel Samardich, Brenna Horn, Ryan Kamphuis, Hannah Turpin, Hahn Chang, and Aun Hussain.

### giving life

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#### Sunrise of hope continued from cover

with daunting concerns which you and I hope to never encounter. They're burdened with fears and anxiety; how will I feed my family today? Should my son or daughter risk their life to gather firewood just outside camp borders? Where will we sleep tonight?

For the past few years, the news of the Darfur refugees has been in my personal spotlight. Three years ago, a group of junior high students, including myself, tried to start a spare-change drive at school, but we ran into some unforeseen difficulties.

This year, I'm ecstatic that our dream to make a difference in the lives of the Darfur refugees became a reality.

On May 30, the First Annual Maple Grove Run/Walk for Darfur took place at Freedom Field in Maple Grove; 218 runners/walkers raised \$7,010. All of the funds have been sent to the American Refugee Committee in Minneapolis.

At the high school I attend, activism is seen on a regular basis. Programs like Pennies for Patients, toy drives for local charities, and blood drives have been present throughout the year. Despite all of the activism,

God has planted seeds of compassion and empathy in our hearts. All we must do is act. something like the Walk/Run for Darfur had never been attempted.

When I first heard about Darfur, I was crushed. I have frequently packed food at Feed My Starving Children and have donated money to local charities, but I felt like I should do more. I have been asked why I decided to serve a cause so far away from home when there are people in need right here in the metro area.

My response is simple. I believe God called me to look to Darfur. I believe that God meant for human-kind to learn from our mistakes, not to repeat them. We've already seen genocide in Rwanda, not too long ago, as well as its

predecessor, the Holocaust. It's my belief that something must be done to stop these tragedies from repeating themselves.

Africa is a continent of turmoil and poverty; it's a place I feel very strongly drawn to. If we can change Africa, what can't we change?

God has provided every one of us with the means to

help others. He's planted seeds of compassion and empathy in our hearts. All we must do is act. It's time to change the situation in Darfur and usher in a sunrise of hope.



Darfur refugees

### Special gifts

Thank you for your special gifts to the following ministries:

In honor of Nolan's Baptism Michael and Amy Sip

In honor of Riley's Baptism Sabrina Garritsen

In honor/memory of our Grandparents Michael and Kristi Mattiuz

In memory of Ruth Anderson Jody and Lori Fjelstad

In memory of Joyce Nilsen Richard and Florence Nelson Anonymous

Cancer Support Group Richard and Florence Nelson

Children, Youth and Family Ministry Kevin and Kari Stenerson Anonymous

C.R.O.S.S.
Dan and Lenora Little
Brad and Barb Quello
Anonymous

Feed My Starving Children In honor of Taylor Bekken's First Communion Great-grandma Velda Bekken

# giving life

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### Special gifts

Thank you for your special gifts to the following ministries:

### **Hunger Ministries**

Heather Anderson Chuck and Gwen Denninger Rick and Linda Gaetke Deanna Larson Dan and Lenora Little Clair and Sharon Madsen John and Lucy Rodvik Larry and Sandie Saar Gehry and Jan Sower Tom and Kim Spoden Paula Thomas Paul and Michelle Welinski Diana Welsh Mike and Linda Zwick Anonymous

#### **Mission Jamaica**

John and Monica Markson Katherine Vogel Anonymous

#### **Prayer Shawl Ministry**

Dan and Lenora Little Todd and Donna Rizner Anonymous In honor of Karonne Becklin and Barb Hoeker Mike and Rhonda Hofer

#### Scholarship Fund

In memory of Rita Leisen
Larry and Colleen
Anderson
Tom and Lynn Leisen
Larry and Sandie Saar

### Scholarship/Acts 29 Mission Trip

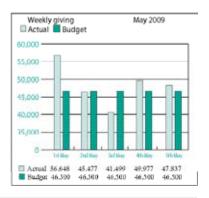
Tom and Jean Campbell

### Budget YTD May 2009

	Actual	Budget	Diff.
Total Giving	\$1,167,068	\$1,168,590	(1,522)
All other	114,031	127,137	(13,106)
Total Income	\$1,281,099	\$1,295,727	(14,628)

#### Contribution statement mailing change in 2009

In order to cut costs and reduce mailings, contribution statements will be mailed three times a year instead of five. You will receive two statements during the year and one at year end. If you would like additional statements, contact Sandie Saar at 763-420-5015, ext. 101 or e-mail sandie@lordoflife.org.



### Care packages to soldiers by Jennifer McNeil

hat started out as a classroom project turned into something much bigger when kindergarten teacher Megan Cummings, daughter of Lord of Life Worship Directory, Alice Cummings, had an idea to send care packages to soldiers in Iraq.

Several parents of Carver Elementary School students are currently deployed in Iraq, including the father of a student in Cummings' class. As a way of showing appreciation for their service, Cummings decided to organize a community service project at the school to send care packages to the soldiers.

Cummings began by getting the names of other soldiers in the unit so the students could send thank you cards and other supplies, such as personal hygiene items, non-perishable snacks, books, movies and games. She also asked other staff at the school and 11 other teachers decided to also participate in the service project.

Each class "adopted" three or four soldiers and a letter was sent home to all of the students in the participating classes. Also included with the letter was a list of suggested items to donate.

It didn't take long for the donations to start coming in, and when they did, Cummings was surprised by the overwhelming response.

"I was expecting a few things, but we got an overwhelming response." Cummings said. "I am floored by the generosity of Carver families."

The class collected eight large boxes of donations and the school's Parent Teacher Organization offered to help pay the shipping costs.

Below: Megan Cummings and her kindergarten class collected donations for troops overseas.







Summer Stretch packing meals at Feed My Starving Children and outside collecting trash.

The 2009 Gathering has been described as a

"Servant School." Gathering under the theme

"Jesus+Justice+Jazz." the focus of our event

mind, soul and body. Together we will learn

will be to serve as Jesus served: with our whole

what it is to focus on the other when they are in

need. We will do our best to follow the example

of Jesus. Each of the three main program days,

12,000 of the Gathering's participants will load

part in recovery activities. Over the three days,

buses and will head out into the city to take

the 36,000 servants will have an incredible

### contact us

#### **Nursery Care**

Pauline Eidsvoog, ext. 124 daycare@lordoflife.org

www.lordoflife.org

Children

#### Birth-K

Angel Petit, ext. 113 angelp@lordoflife.org

#### Grades 1-4

Biz Behrens, ext. 129 elizabethb@lordoflife.org,

#### Grades 5-6

Missy Hosmann, ext. 119 melissah@lordoflife.org

#### Grades 7-9

Raul Garcia III, AIM, ext. 121 raul@lordoflife.org IM: LOLJrHigh

Grades 10-12, position vacant

### **Church School**

Diane Marx, ext. 106 diane@lordoflife.org

#### Confirmation (C<sup>3</sup>)

Gerad Remus, ext. 102 gerad@lordoflife.org IM: LOLC3C3

#### Faith in the Home

Lynn Leisen, ext. 107 lynnl@lordoflife.org

#### **Special Needs Ministry**

LeahAnn Paulsrud, ext. 143 leahannp@lordoflife.org

#### Registrar

Deb Zaic, ext. 128 debz@lordoflife.org

### **Support**

Pennie Soppeland, ext. 119 pennies@lordoflife.org Susan Walden, ext. 112 susanw@lordoflife.org IM: LOLYSupport

### **Operations**

Deb Toso Linde, ext. 131 deb@lordoflife.org IM: LOLYthAd

#### Pastor of CYF

Todd Buegler, ext. 109 todd@lordoflife.org IM: LOLYouth

### The Lutherans are coming! by Pastor Todd

Every three years, the call goes out. Last fall, over 36,000 young people and adult volunteers signed up to participate in the ELCA Youth Gathering. This Lutheran youth gathering is the largest regularly scheduled gathering of young people in the world.



Pastor Todd

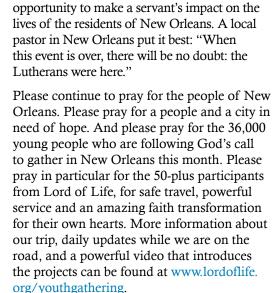
In July of 2009, this massive group of young people, including over 50 sr. high youth and leaders from Lord of Life, will gather in New Orleans, Louisiana. The general sessions of the Gathering will be held in the Louisiana Superdome. The learning activities will occupy the entire

mile-long New Orleans Convention Center, and the participants will be housed in over 40 hotels scattered throughout the city. But the interesting thing about this year's Gathering is the focus.

New Orleans is still a city that is wounded from the effects of Hurricane Katrina. Almost four years after the deadly storm, there are still thousands of families living in FEMA trailers; there are still schools that have not re-opened; there are still whole neighborhoods that sit abandoned; the saltwater incursion has caused massive erosion problems and the death of

hundreds of thousands of trees and other native plant life.

New Orleans is still a city that is rebuilding.









### Summer Church School

Through Aug. 30 at 8:30, 9:45 and 11 AM.

Children ages 3 years through 3rd grade attend worship with their parents until the children's message. Then children follow Lord of Life staff members into the Fellowship Hall for fun agespecific activities.

Miracles is the Summer Church School theme. Activities include drama, art, music, and games. Summer Church School is FREE and no registration is required.

### Fall Church School registration is open!

Stop by the Youth Booth or visit: www.lordoflife. org/churchschool to register your child for the 2009/2010 Church

### Vacation Bible School



This summer, children ages Preschool through 6th grade learn, laugh, play and sing! The theme for grades 1-6 is Love to Serve, and the Preschool-K theme is Animals of the Bible.

Preschoolers meet from 9-11 AM and grades 1-6 meet from 9 AM-3 PM.

Three identical sessions (Mon-Thurs): July 27-30; Aug. 3-6; Aug. 10-13

Each VBS session ends with a Root Beer Float Night on Thursday at 7 PM.

Register online or pick up a registration form at church. Contact Diane Marx at 763-420-5015, ext. 106 or diane@lordoflife.org.

#### Don't have children in Vacation Bible School?

That's okay, you can get to know the wonderful Luther Park Camp Staff that help with grades 1-6:

- **Provide lunch here or dinner at your home** for Luther Park Camp Staff who help lead grades 1-6.
- **Provide housing and breakfast** for Luther Park Camp Staff (Sun-Fri). They'll have transportation.

*Like to help?* Contact Diane Marx: diane@lordoflife.org or 763-420-5015, ext.106.















### Children's camp and family fun

### **Science Camp**

Science Camp was a blast! There were 41 campers for the week who participated in cool activities and science experiments! You'll notice outside of the Narthex toward the back yard, the kids did a great job planting a pizza garden. All produce from the garden will be donated to local food shelves in need of vegetables. The Science Campers also brought in donations for Emergency Food shelf Network. These kids love to serve! Visit www.lordoflife.org/sciencecamp for photos from our awesome week!

\*\*\*\*

### Bible Camp at the Shores of St. Andrew

This summer is filled with amazing Bible camp opportunities for families and children. Please keep them in your prayers for health, safety, fun and faith as they learn more about the awesome God we serve.

\*\*\*\*

### **Elementary Camp**

Looking for the perfect way to spend a week of your summer vacation? Elementary camp (for children completing grades 3-5) is a great way to meet new children from Lord of Life and spend time with kids you already know! Plus lots of fun things to do like crafts, boating, swimming, nature hikes, games, evening campfires, devotions and Bible study, healthy meals and snacks. It's not too late to invite a friend and share summertime fun!

Elementary Camp will be held July 12-17. Cost: \$343 due at registration (a \$25 multicamper discount is available to families with more than one child attending Half Pint or Elementary Camp. \$15 will be collected the day of for bus transportation.

Visit www.lordoflife.org/elemcamp.

### 3rd Annual Fall Family Retreat

Registration begins Aug. 1 for the 3rd Annual Family Retreat at the Kalahari Resort in Wisconsin Dells to be held Nov. 12-15.

So what is a Family Retreat, you ask? Our Family Retreat is focused around having purposeful family bonding, fellowship with other Lord of Life families, and worshiping God! When participants register they agree to take part in three Lord of Life organized activities: gathering on Friday night, dinner and worship on Saturday night, and a blessing Sunday morning before departure. The rest of the weekend is yours! Families are supplied with tools and resources to grow your faith! Last year 55 families participated for a total of 170 Lord of Lifers at the Kalahari—it was a great event!

This retreat is for families of all shapes and sizes, and takes place at the Kalahari Resort in Wisconsin Dells.

Single-room: \$99/night or a two-bedroom suite: \$199/night. Families will need



to register for the event and pay the cost of Saturday night's group meal along with the registration.

#### **Registration Process**

**Step 1:** Families may register in the Children, Youth and Family Ministry office or online at www.lordoflife.org/familyretreat and pay for Saturday night's meal.

**Step 2:** You will be e-mailed the hotel block room information needed to make your family's room reservation at the Kalahari, and the rest of your payment will go directly to the resort.

### Growing Families of Faith (GFF)

Park and Play GFF invites you to join us for great summer fun at local parks; while parents chat, kids play. Anyone is



welcome to join the fun and meet other families from Lord of Life.

Tuesday, July 7 from 9-11 AM at French Regional Park

Tuesday, July 21 from 9-11 AM at Maple Grove Community Center Park

For more information contact Angel Petit at 763-420-5015, ext. 113 or angelp@lordoflife.org.

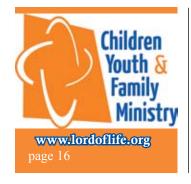
### Maple Grove Days Parade

Thursday, July 9 at 5:30 PM Gather at the parade route (corner of 89th Avenue and Pineview Lane) to watch the Maple Grove Days Parade together. Bring a picnic dinner for your family or just join us for the parade.

### Beach and Boating on Lake Independence

Sunday, July 19 starts at 3 PM. Meet at Baker Park on Lake Independence for an afternoon of boating and time at the beach. Bring a picnic dinner for your family.

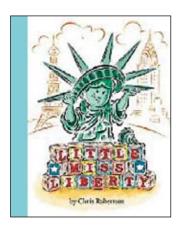
To receive the GFF monthly newsletter, visit: www.lordoflife.org/gff.





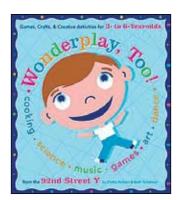


### Children's July book picks



### Little Miss Liberty

by Chris Robertson
Introduce your child to our
nation's famous symbol with
this light hearted story about
a little statue that finds her
place in America!



### Wonderplay, Too

by Fretta Reitzes and
Beth Teitelman
This huge book is filled with
over 200 family activities
perfect for summer vacation!

### Children's Choirs

Register your child for a children's choir!

We would love to see many new faces this year, so come CHECK IT OUT!

**Cherub Choir** is for children in grades 1-3. We rehearse on Thursdays from 6-7 PM and sing the first Sunday of the month.

**Kid's 'n' Christ Choir** is for children in grades 4-7. We rehearse on Thursdays from 7-8 PM and sing the first Sunday of the month.

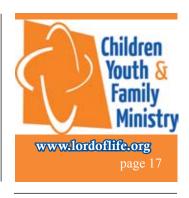
**Preludes Choir** is for four and five year olds. This is a Church School option during the 8:30 or 11 AM Sunday service. If interested in becoming an accompanists, contact Dana Brinton at danab@lordoflife.org.

To register or for more information, visit Lord of Life's Web site at www.lordoflife.org/childrenschoirs or look for the orange registration forms outside the church office!

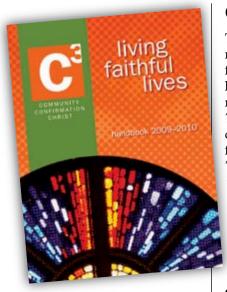








### C<sup>3</sup> (Community, Confirmation and Christ!)



### C<sup>3</sup> registration

If you have a student who will be in grades 7, 8, or 9 this fall, you should have registered for C<sup>3</sup> by now! We are busy placing youth in small groups, tracking those worship notes and service hours, and recruiting small group leaders.

If you would like to be involved in this great ministry as a small group leader, we would love to hear from you. Contact Gerad at gerad@lordoflife.org to let him know. We especially need leaders for the new group of 7th graders, as well as a few leaders to work with older groups whose former leaders are unable to join us again this year.

### C<sup>3</sup> retreat schedule

The C³ retreat schedule for next year is set! Registration forms should be in your homes soon. You may also register online. Remember, 7th and 8th graders can choose one of three options for their required retreat. Tenth graders must attend the Sophomore Day Away and 9th graders are invited to Youth Quake.

In chronological order, here are the retreat dates:

### 7th Grade Festival: Sept. 12, 10 AM-2 PM at Lord of Life

This will be a great time for all 7th graders to meet their groups and leaders, play some games, and learn about C<sup>3</sup> and experience a bit of what their small group sessions will be like. Lunch is provided. Attendance is mandatory.

### 8th Grade Retreat: Sept. 19-20 overnight at Camp Onomia

This is the traditional fall retreat for 8th graders. Most of their classmates will be attending this terrific retreat. We meet at church Saturday morning and return Sunday afternoon. This retreat has been moved from November to September to avoid the snow we've had the last couple years and allow for greater outdoor fun.

### Sophomore Day Away: Sept. 26 Gustavus Adolphus College

As the final retreat of their C³ experience, sophomores will meet at church Saturday morning and return the same evening. We spend the day together preparing for the Confirmation services and what comes next as well as reflecting over what we've learned over the past three years together. Attendance is mandatory.

### 7th Grade Retreat: Nov. 7-8 overnight at Camp Onomia

After a couple of months in small group together we head up north for an awesome weekend of fun, worship, and group bonding. This is the most popular and preferred retreat for all 7th graders. Don't miss out on this memory making event!

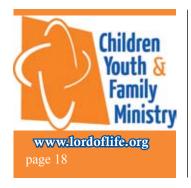
### C<sup>3</sup> Saturday: Jan. 9 or March 6 at and near Lord of Life

It's one long crazy day of outdoor fun, Bible study, worship, service and more. This is a good alternative for someone who cannot make the fall retreat. It is open to both 7th and 8th graders as well as any 9th graders who need to make up a retreat from years past.

### Youth Quake: Usually mid- to late-April, Wisconsin Dells

Join us for an amazing weekend with hundreds of Jr. High youth at one of the Wisconsin Dells waterparks. Great bands, amazing worship, and fun with your friends at the waterpark.





### Jr. High Leadership Team 2009/10

Have you wondered about joining Jr. High Leadership Team? We are in need of some leaders this year, and you would be a great member of our team! Check it out.

Leadership Team is a great time and you learn about planning, peers, and becoming a leader in the church. You can find a Leadership Team application online or in the CYF brochure racks at church. Contact raul@lordoflife.org with any questions!

### Jr. High Luther Park Bible Camp

July 12–17: Camp week is an action-packed, highenergy, wild week of adventure for Jr. Highers!

You can take part in all the wacky activities and hang out with the cool counselors while you learn more about your faith. Camp is a chance to grow and strengthen personal relationships with God and your friends.

To register, pick up one of the camp brochures at church and turn it in to the CYF office with your down payment. Questions? Contact raul@lordoflife.org.



### **Graduation recognition**

ord of Life celebrated the graduation of its high school seniors on Sunday, May 31 during the 11 AM service. Approximately 150 seniors from our congregation graduated this spring, and the recognition was an opportunity for us to thank them for their faith and ministry so far, for the contributions they have made to our congregation, and to pray for and bless them as they pass this milestone and take the next important step in their faith. Please keep these graduates in your prayers!



### Welcome Missy Hosmann

We are excited to introduce Missy Hosmann, our new leader of grades 5-6. Missy is no stranger to us. She has served as a ministry assistant the past couple of years, focusing primarily on the after-school program.

Missy and her husband Mark have been members at Lord of Life since 2004. They have two children, Matthew (age 5) and Elizabeth (age 7). Missy taught 5th



grade for 5 years in the Chanhassen school district and brings a wealth of experience as well as great relational skills. She is a great fit with our staff and is going to help us to develop this important ministry.

As we move into a new Church School model this fall, Missy will lead grades 5-6 using a new Master Teacher model.

### **Summer Stretch**

A record number of youth are participating in Summer Stretch this year!

By the end of July about 180 youth and 30 high school leaders will have put in about 3,000 hours serving the community with the Summer Stretch program.

We've loved pitching in wherever we've been needed whether at the Emergency Foodshelf Network, The Wellstead of Rogers, Feed My Starving Children, and C.R.O.S.S.

In the afternoons we've been enjoying time at the Waterpark of America, Cheap Skate, and horseback riding. We look forward to gathering with a couple thousand other metroarea Summer Stretchers on Thursday, Aug. 6 at Valleyfair.

July Summer Stretch dates:

Wednesday Summer Stretch meets July 1, 8, 22 and 29

Thursday Summer Stretch meets July 2, 9, 23 and 30

Contact gerad@lordoflife.org.

# Faith in Home

Lord of Life is a community where families are encouraged, equipped, and supported in living out their faith together.

### Children Youth & Family Ministry www.lordoflife.org page 19

### **Caring conversation**

Connect God with daily life.

Next time your gas tank is near empty and you take a trip to the gas station with the kids, say, "The tank is almost empty. I am filling it up with gas, but when do you feel like your tank is empty? When are you out of energy? Who fills your tank, and what do they fill it with?" Remind the kids that God gives us everything we need. God provides love, clothes, homes, education, doctors, teachers, coaches.

### **Prayer**

Here's a prayer that comes out of the Bible from Paul's letter to the Ephesians.

I pray that God will use his glorious riches to make you strong. May his Holy Spirit give you his power deep down inside you. Then Christ will live in your hearts because you believe in him. And I pray that your love will have deep roots. I pray that it will have a strong foundation. May you have power with all God's people to understand Christ's love. May you know how wide and long and high and deep it is. And may you know his love, even though it can't be known completely. Then you will be filled with everything God has for you. God is able to do far more than we could ever ask for or imagine. He does everything by his power that is working in us. Give him glory in the church and in Christ Jesus. Give him glory through all time and for ever and ever. Amen (Ephesians 3:16-21).

### Family devotions

If you are doing any of the following activities this summer, read and discuss the Bible connection story before or after activity.

Going to a parade? Read Mark 11:1-11 (Palm Sunday)

Planning a picnic? Read John 6:1-14 (Feeding the 5,000)

Love to fish?
Read John 21:1-14
(The miracle of the fish)

Time on the boat?
Read John 6:16-21
(Jesus walks on the water)

#### Try instant prayer

An instant prayer happens as life happens. As your family deals with the highs and lows, the joys and challenges of everyday life, stop for a brief moment and share your thoughts with God. *Keep it simple!* 

### Family service

Is anyone in your family participating in sports this summer? Bring a batch of cookies to share in the stands. Take an extra water bottle with you for someone who forgot theirs. Don't forget a towel to wipe the wet bleachers. And how about gathering your family and perhaps a friend's family to pick up all the trash that accumulates after a long night of games at the field?

### Rituals, traditions

Many families have the tradition of viewing fireworks on or near the Fourth of July. Before you head out to lie on your backs, read this verse

I will surely bless you and make your descendants as numerous as the stars in the sky and the sand on the seashore (Genesis

22:17a). This was God's promise to Abraham and Sarah. It doesn't sound too farfetched until you realize that Abraham and Sarah were childless and very, very old at the time. But God gave Abraham this promise, and God always keeps promises! Abraham and Sarah did have a baby even though they were very old. And their family grew and grew, just as God had promised.

Try to count the stars as you wait for the fireworks to begin. Or count the twinkling lights of the fireworks! Of course, there are too many to count. Remember that God makes promises to us, just like he did with Abraham. God promises to love us and forgive us and to prepare a place for us in heaven one day. And remember, God always keeps promises!

### Family faith resources

There are many great links on the Parent Resources page of the church Web site. Start at www.lordoflife.org/cyf, then click on Family, Parent Resources. Check out the new link to The Little Lutheran magazine Web site. The Little Lutheran is a publication of The Lutheran, the magazine of the Evangelical Lutheran Church in America. The Web site has great art, stories, prayers, songs, activities, and more for your child from birth through age 7.



Face your child. Hold hands. Say this blessing from Ephesians, "May you have power with all God's people to understand Christ's love (touch each other's hearts with your clasped hands). May you know how wide and long (spread your hands to the left and right as far as they will go) and high and deep it is (spread your hands as high and low as they will go). Amen."



LUTHERAN CHURCH

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Dallas Brehm was caught reading (eating) LifeTIMES at home one sunny afternoon.

Brian and Christine Priebe, Cindy, Al and Rebecca Olson were caught reading LifeTIMES at the Hoover Dam near Las Vegas.



## LifeTIMES magazine

LifeTIMES magazine is a monthly publication of Lord of Life Lutheran Church.

The deadline for the August issue is July 1. E-mail your photos and stories to LifeTIMES Editor Jennifer Klitzke at jenniferk@lordoflife.org.

For LifeTIMES subscriptions, e-mail office@lordoflife.org.

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### Caught reading LifeTIMES



The Baldwin family was caught reading LifeTIMES with U.S. Senator Amy Klobuchar while on Spring Break in Washington D.C.

Lord of Life members Denny Kinvig and Glenn Erickson were one of several wood carvers who presented works during the 24th annual Maple Grove Arbor Day event held Saturday, May 16.

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A hairy monster was caught reading LifeTIMES before getting snatched up at the 3rd Annual Lord of Life Garage Sale.

